


**BREAKFAST
AND LUNCH**
 BOTH SERVED UNTIL THREE


BREAKFAST

GRILLED CORNBREAD <i>with blueberry butter</i>	5
FRESH FRUIT <i>with mascarpone-honey cream</i>	6
BAKED FRENCH TOAST <i>with berries, whipped goat cheese and maple syrup</i>	16
EGGS ON TOAST <i>two free range eggs baked in mushroom cream with rye toasts</i> ..	11
TOFU SCRAMBLE <i>pan fried tofu, chickpeas, quinoa and mushrooms served with rye toast (vegan friendly)</i>	12
OUR FAMOUS BACON & EGGS <i>slow braised bacon, mushroom frittata, potato hash and rye toast</i>	15
WILD SALMON FRITTATA <i>with feta, tomato chutney and spinach</i>	14

STARTERS

DAILY SOUP <i>please ask your server for daily special</i>	cup 5, bowl 7
POMME FRITES <i>with spicy aioli</i>	6
CHANA DAHL <i>served warm with grilled flatbread</i>	10

SALADS

KOFTA SALAD <i>pecan koftas with warm tomato chutney and raita</i>	15
QUINOA SALAD <i>with quinoa, dried cherries, feta, almonds, chickpeas and an apple-cider vinaigrette</i>	13, add prawns for 6
THE HOUSE SALAD <i>romaine, spinach, edam, fruit, corn and Mark's famous but "pain in the ass to make" orange-ginger dressing</i>	11
CHOPHOUSE SALAD <i>with Gull Valley tomatoes, spinach, blue cheese, julienned onions and Alberta beef</i>	16

LUNCH

STEAK SANDWICH <i>sautéed spring creek ranch sirloin, mushroom-horseradish demi, served with pomme frites or potato hash</i>	17
WILD SALMON <i>with goat cheese-almond sauce on orzo with cucumber-tomato salsa</i>	17
PORK & CHEESE TORTILLAS <i>with sour cream and romaine salad</i>	15
PERSIAN FLATBREAD SANDWICH <i>Gull Valley tomatoes, roasted vegetables, humus and yogurt cheese served with quinoa salad</i>	14
THE HAM & CHEESE <i>honey ham and edam on grilled raisin bread, served with soup or salad</i>	12
THE HOUSE SANDWICH <i>zucchini, spinach, cream cheese, pickled peppers and chickpea mayo, served with soup or salad</i>	12

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an 18% GRATUITY will be
ADDED to PARTIES of SEVEN
OR MORE



APPLICABLE TAXES not
included

